

M E X I C O

Saltwater & Soul

A Movement, Creativity & Ocean Retreat



Mar de Jade

March 27–April 3, 2027

THE ART OF BEING

Wake to the sound of the Pacific. Move gently, breathe deeply, and let the day unfold with curiosity.

At Mar de Jade, between tropical gardens and the ocean, there is time to paint, swim, laugh, rest, and connect.

Let the pleasure of movement carry you from your yoga mat into the day, and the colours of the tropical garden find their way onto your canvas. A little sunshine, a splash of paint, and the delight of surprising yourself.

Come as you are. You don't need to be an artist or an experienced yogi—just bring your curiosity.

*Move with intention. Create with freedom.
Feel fully alive.*



WHERE THE OCEAN MEETS THE JUNGLE

Bougainvillea spills colour across the gardens. Banana trees and palms shade winding paths, and the golden sands of Chacala Beach are just steps away.

Tucked into a sheltered bay on Mexico's Pacific coast, Mar de Jade invites you into the easy rhythm of life by the sea. Swim in the ocean, linger by the pool, or claim a hammock beneath a thatched palapa and watch the afternoon drift by.

Airy yoga spaces open to ocean views and tropical greenery. Around the table, the pleasure continues: freshly prepared meals inspired by Mexican flavours, with ingredients from Mar de Jade's organic farm, served overlooking the bay.

Bare feet, good food, warm water—and so many beautiful places to simply enjoy being.





A STAY THAT GIVES BACK

The beauty of Mar de Jade reaches beyond its gardens. Since 1989, its community projects have supported education, practical skills, and sustainable livelihoods in Chacala and nearby communities. Revenue from the retreat centre, together with donations and grants, helps keep this work growing.



EL JARDÍN SCHOOL

A place for curiosity to flourish. Local children learn through a balanced education inspired by Montessori and Waldorf approaches, with art, music, and mindfulness woven into school life. Full scholarships are offered to families in need.



TAO DE JADE TRADE SCHOOL

A chance to build a future. Young adults gain practical training in trades such as carpentry, cooking, sewing, and organic farming, alongside academic support and preparation for employment or entrepreneurship.



EL RANCHO ORGANIC FARM

Seventeen acres of nourishment and possibility. The farm supplies fresh organic food to Mar de Jade and its educational projects, shares sustainable growing practices, and creates employment and skills training for single mothers.

Your stay helps support a place where hospitality and care for the community grow together.



LET COLOUR LEAD THE WAY

Outdoor painting with Vivian Tanga

A flower you might have walked past. Sunlight slipping through leaves. A shade of green you never knew had a name. The tropical gardens offer something new to notice every time you look.

Spend your afternoons exploring colour, light, and expressive brushwork, with nature as your inspiration and the freedom to make something entirely your own.

MEET VIVIAN

Vivian Tanga is a classically trained painter and instructor based in San Miguel de Allende. Her warm teaching style and love of observation invite you to see beauty differently—and discover what happens when you put brush to canvas.

Beginners and experienced artists are welcome.
Painting supplies are included.

*A little sunshine, a splash of paint, and the delight
of surprising yourself.*

SALTWATER
& SOUL



MEET THE DAY WITH JOY

Sunrise yoga with Jodie Duplisea All levels welcome

The ocean stretches beyond the windows, palms sway in the gardens, and your mat is waiting. Let the pleasure of movement ease you into the morning, with time to stretch, find your balance, and enjoy how good it feels to move.

Our sunrise yoga welcomes you exactly as you are, whether you are trying yoga for the first time or returning to a practice you love. Move at your own pace, take a gentler option, or pause and savour the view.

Surrounded by ocean and garden views, even the quiet moments become part of the experience.

Yoga mats and props are provided.

*A beautiful way to begin
a day that is yours to enjoy.*



REST, RESTORE & SIMPLY ENJOY

A swim that turns into a lazy afternoon. A book left open beside your hammock. The pleasure of having nowhere else you need to be.

Let yourself unwind with an included water or Thai massage session with Jodie, then follow your mood: a dip in the pool, a stroll along the beach, or a quiet corner beneath the palms.

As evening settles in, La Palapa offers a welcoming spot for a drink and a little conversation. Enjoy the company, linger a while, or slip away somewhere peaceful and let the night be your own.

*Space to be sociable. Space to be still.
No pressure to do it all.*

One water or Thai massage session with Jodie is included.
Bar drinks and additional spa treatments are an extra cost.



ROOMS & RATES

Find your favourite place to unwind.

All rates in USD



OCEAN ROOM

Ocean views, a private balcony, and space to relax.

	Early	Standard
Single	\$4,100	\$4,400
Double	\$3,050	\$3,350

Upper floors; stairs required.



GARDEN ROOM

Light-filled comfort surrounded by tropical greenery.

	Early	Standard
Single	\$3,700	\$4,000
Double	\$2,800	\$3,100

Ground-floor rooms.



GUEST ROOM

Colourful Mexican charm with garden or jungle views.

	Early	Standard
Single	\$3,150	\$3,450
Double	\$2,500	\$2,800

Private en-suite bathroom.



SHARED ROOM

A welcoming shared space with a sleeping loft.

	Early	Standard
Shared	\$2,200	\$2,500

Minimum 3 guests.
Loft accessed by spiral stairs.

Early = Early reservation rate

WHAT'S INCLUDED

Your Saltwater & Soul retreat

INCLUDED

- ✓ All meals
- ✓ Daily yoga practices
- ✓ Outdoor painting workshops
- ✓ Painting supplies
- ✓ One water or Thai massage session with Jodie
- ✓ Airport shuttle
- ✓ Yoga mats and props
- ✓ Paddleboards and kayaks
- ✓ Pools and beachfront hammocks
- ✓ Wi-Fi

NOT INCLUDED

- Flights to Puerto Vallarta
- Travel insurance
- Optional excursions
- Additional spa treatments
- Bar drinks, including alcohol
- Extra food and drinks
- Tips

Optional excursions are available at an additional cost.

*Spaces are limited.
Reserve your space today.*



JOIN US AT MAR DE JADE

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Mar de Jade • Chacala, Mexico

A little sunshine, a splash of paint, and the pleasure of moving through a day you love.

Come for the ocean, the creativity, and the company. Make a little time for yourself.

RESERVE YOUR SPACE

Contact Jodie Duplisea for reservations and questions.

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